

### **AAL COLLECTION PROTOCOL**

# AAL URINARY PYRROLES DAPS TEST - uDAP Test PYRROLES AND UROBILINOGEN ANALYSIS

### Introduction:

The compound measured in the uDAP Test is very sensitive to heat and daylight. If samples are not collected by the AAL protocol, test results may be dramatically affected. Payment is required to AAL prior to the sample being processed.

# **Notes for Patients / Parents / Carers:**

- 1. Collection can be anytime of the day, as long as it is not the first void. The collection time is entered on the top of the request form.
- 2. Samples should be collected at a designated collection centre, NOT AT HOME, to guarantee the collection protocol is consistent.
- 3. To provide a baseline reading, for the first ever Pyrrole test any Zinc supplement should be ceased three (3) days prior to collection. If this is not possible the physician should make a note on the request form.
- 4. Please DO NOT abstain from Zinc supplements for subsequent urinary pyrrole analyses unless directed by your physician.
- 5. Prior to the test drink enough fluid, but NOT too much as it dilutes the sample. For adults, drink 250mL (100mL for children) of water 30 to 40 minutes prior to providing a specimen.
- 6. Samples should NOT be collected from female patients during their menstrual cycle.
- 7. Results will be sent to your health practitioner.

# **Notes for Pathology Collection Centre:**

- 1. Sample to be collected into the **single** 70ml pot provided by AAL, containing 50mg of AR ascorbic acid.
- 2. Collection should be performed in a low-lit room not in strong light or direct sunlight (total darkness is not necessary).
- 3. Upon collection, ensure the lid is tight, the pot wrapped in aluminium foil (to avoid daylight and radiation exposure) and promptly FROZEN at -15°C (standard freezer). If possible, "snap" freezing on dry ice (-30°C) is preferred.
- 4. The sample must remain frozen until analysis, therefore, must be kept on dry ice during transport (-30°C), otherwise the sample will not be viable, and the test must be repeated, and the patient re-charged.
- \* If in doubt, please contact Applied Analytical Laboratories on (07) 3133 1615

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